

## Growing Hope York Chair of Trustees

### About Growing Hope

Growing Hope champions accessibility and provides free therapy for children with additional needs and their families in partnership with local churches across the UK. We aim to bring hope to children by providing free therapy. We grow hope for families where hope has been lost due to isolation and rejection. We share hope in Jesus, because he brings hope even in the most difficult situations.

Growing Hope was founded by Naomi Fox who started the national charity and the first local clinic in Kings Cross in February 2018. Knowing how desperate families are for support, Growing Hope bridges the gap between the need and availability of therapy services. Growing Hope national charity provides support, structures, services and training to local Growing Hope clinics and has a vision to set up twenty clinics in partnership with local churches by 2030. We currently have 8 clinics in Kings Cross, Brockley, Maidstone, High Wycombe, Redbridge, York, Farnham and Solent, with further launches planned this year.

### Context

Growing Hope York opened in 2025 in partnership with Holy Trinity Church, Heworth. The charity is now looking to recruit a new Chair of Trustees to lead strategically at an exciting stage of its development and growth.

“Thank you for listening to us and helping us! The work Growing Hope do is amazing. I have told other families about Growing Hope as so many would benefit.” Growing Hope Clinic Parent



### Chair of Trustees' Role Summary

We are looking for a Chair of Trustees to hold the Board to account for the Charity's mission and vision, providing inclusive strategic leadership to the Board of Trustees, ensuring that each trustee fulfils their duties and responsibilities for the effective governance of the charity. This will include working with Growing Hope National to recruit a new Clinic Manager, managing quarterly Trustees' Meetings, encouraging collaboration with other local churches and stakeholders, supporting fundraising events and, if required, helping with any major grant applications/letters to major donors. He or she will act as an ambassador and the public face of the charity. This individual will need to have experience of running meetings, leading with prayer and networking with stakeholders. An understanding of healthcare would be beneficial.

## Charity Objectives

The advancement of health and wellbeing for the public benefit by the provision of a therapy clinic run in accordance with Christian principles for children and young people (0-18) with additional needs and their families living in the York area.

In particular, but not exclusively, by:

- registered healthcare professionals providing assessment, advice and intervention, and other services as the trustees see fit.
- provision of sibling, parent and carer support groups and courses, and other services as the trustees see fit.

The advancement of the Christian faith through the opportunity to engage in conversation about faith and spiritual wellbeing and to receive prayer, and other such invitations as the trustees see fit.

## Trustee Role Requirements

- Committed Christian
- Ability to work collaboratively and strategically
- Ability to lead Trustee meetings on a quarterly basis (once every three months)
- Commitment to contribute to prayer at every Trustee meeting
- Experience of charity governance or a willingness to learn
- Expertise in Finance and Fundraising
- Commitment to champion Growing Hope York and to offer ongoing support and line management of the Clinic Manager and being an ambassador for the charity
- Commitment to work with the National Charity to ensure effective governance of the charity and smooth running of the clinic
- The role *could* also include helping to gather additional support through volunteers, offering additional time to help with grant writing, event organising and similar roles where appropriate

## Why become a Trustee at Growing Hope York?

- **Build valuable skills** in leadership, governance, and strategic thinking
- **Strengthen your CV and network**, helping you stand out
- **No specific experience required**—just your passion, values, and commitment
- **Opportunity to join a charity at an exciting time of its development**

Being a trustee puts you at the heart of a cause you care about, working alongside like-minded people to create real change for children and families.



Growing Hope York | Registered charity 1213822

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How to Apply or find out more

Please send expressions of interest to Lucy Stevens at [recruitment@growinghope.org.uk](mailto:recruitment@growinghope.org.uk)