


HOSTING FOR HOPE


GAMES

CONVERSATION TOPIC:




In Ibrahim's occupational therapy sessions he practiced trying different foods. One of the foods he has been able to start eating is tomato. Go around the group and ask 'if you were a meal or a food, what would you be and why?'

CHALLENGE:



How many times can you throw and catch a tomato without dropping it?

QUIZ GAME: FRUIT OR VEG?

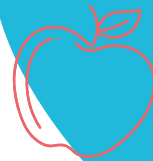
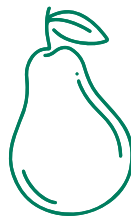
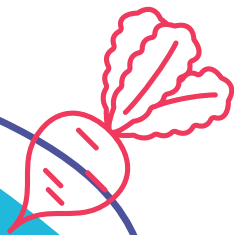
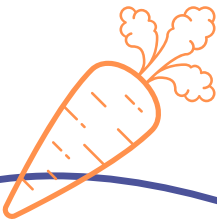
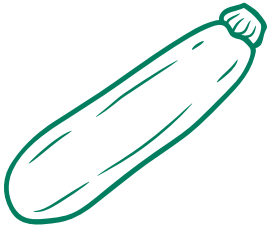
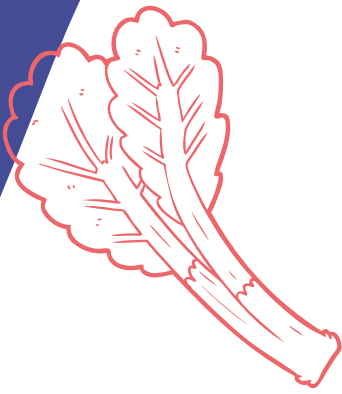


Ibrahim tried a few fruit and vegetables in his therapy sessions, including tomatoes, sweetcorn and pepper.

Do your guests know their fruit from their vegetables!? Answers on page 3!

QUIZ GAME: FRUIT OR VEG?

Do you know which of the following are fruit, and which are vegetables?



Tomato
Carrot
Aubergine
Rhubarb
Banana
Avocado
Courgette
Beetroot
Pumpkin

QUIZ GAME: FRUIT OR VEG?

ANSWERS



Tomato

Fruit

Carrot

Veg

Aubergine

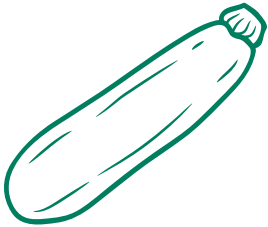
Fruit

Rhubarb

Veg

Banana

Fruit

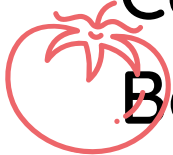


Avocado

Fruit

Courgette

Veg



Beetroot

Veg

Pumpkin

Fruit

