



Circle of Security Parenting Course

At times all parents feel lost about what our child might need from us. But, imagine what it might feel like if you were able to make sense of what your child was really asking from you. The Circle of Security® Parenting™ program is based on decades of research about how secure parent-child relationships can be supported and strengthened.



The course will enable you to:

- Understand your child's emotional needs
- Support your child to successfully manage emotions
- Help build your child's self esteem
- Use your own wisdom and desire for your child to be secure

**Each session will run on a Wednesday with a Crèche provided
9:30am coffee, 9:45am start, finished by 13:00**

St George and All Saints Church, Crayford Rd, Tufnell Park, N7 0ND

Please sign up by emailing sarah@choicesislington.org or handing the slip to the person who invited you.

I _____ would like to attend the Circle of Security Course
I can attend: Weds 12th June Weds 19th June Weds 26th June Weds 3rd July

This course costs £30 to run per person, per session. We do not want finances to prevent individuals from attending and therefore ask for a contribution between £2 - £30 per session. I would like to contribute ____ per session.

My contact number is _____ My contact email is _____

I consent for this to be used for the purposes of contacting me about the course

I will require childcare for my child _____ age _____