



[growinghope.org.uk/
make-a-referral](http://growinghope.org.uk/make-a-referral)

Growing HOPE

King's Cross

Growing Hope provides free therapy for children and young people with additional needs in partnership with King's Cross Church. Parents and carers can self-refer their own children, and health professionals and schools can refer with parental consent.



OCCUPATIONAL THERAPY supports children who have difficulties with things they do everyday such as washing, dressing, eating, playing, writing and concentrating.



PHYSIOTHERAPY helps babies and children with muscle tightness and/or weakness to improve skills such as crawling, walking, balance, posture and other physical activities.



SPEECH & LANGUAGE THERAPY supports children in developing their communication skills, so that they are able to understand others and communicate their own ideas.



MUSIC THERAPY supports children in expressing their emotions through sharing music and sound; this is tailored to the individuals needs depending on their goals.

Growing Hope
King's Cross offers...

FIND US AT
Action for Children
Centre, 3 Cubitt Street,
London WC1X 0LJ

growinghope.org.uk | 07496528506

We aim to grow: **Hope for children**, through the provision of free therapy clinics. **Hope for families**, through the provision of groups for parents, carers and siblings. **Hope in Jesus** through the opportunity to pray or come along to church if this is something you would like to do. Please note Growing Hope is open to all individuals of all backgrounds and you are welcome to decline offers of prayer and invites to church, this will not in any way impact the therapy service you receive.